

# Northern Illinois Vein Clinic,LLC

## Treatment Timeline

### **CONSULTATION**

- Ultrasound Mapping (Approximate time 30-90 minutes)
- Consultation with provider

### **CONSERVATIVE THERAPY**

- Insurance companies require conservative therapy be completed prior to our office submitting a request to treat your varicose veins
- Conservative therapy is described as wearing prescription strength compression stockings
- The timeline for conservative therapy varies from 6 weeks to 3 months
- At the end of conservative therapy, we will contact you to inquire if wearing the compression stockings has improved your symptoms.
- When we have documented proof you have completed conservative therapy, we can submit a request to your insurance company for approval of treatment

### **INSURANCE APPROVAL**

- When we receive insurance approval, we will contact you to schedule treatment

### **LASER PROCEDURE**

- Need Driver
- Approximate time is 1-2 hours
- Multiple laser procedures may be needed on each leg, depending upon the extent of of your venous disease

### **1 WEEK ULTRASOUND**

- Approximately 1 week following your last laser procedure
- Ultrasound evaluation to ensure deep veins were not affected during treatment
- Approximate time is 15-20 minutes
- You will be seeing a provider on this visit

### **1 MONTH ULTRASOUND**

- Approximately 1 month following your last laser procedure
- Ultrasound evaluation to ensure treated veins are closed and to check for any remaining small veins that the physician will need to perform sclerotherapy on.
- Approximate time is 30-45 minutes
- You will be seeing a provider on this visit

**(over)**

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### **PHYSICIAN SCLEROTHERAPY**

- Injections of residual untreated varicose veins
- Multiple sessions may be required depending upon the extent of your venous disease
- Not all patients will require physician sclerotherapy and amount of sessions will be determined by the physician

### **COSMETIC SCLEROTHERAPY**

- If elected, any remaining spider veins can be treated on a self pay basis

**THE PROVIDER WILL DETERMINE THE END POINT OF YOUR TREATMENT**